

# SAMPLE SCOPE & SEQUENCE

## Personal Health and Wellbeing, LEVEL 2

### Learning Design

Below is a possible sequence of content for Personal Health and Wellbeing PER215118.

This is an example only; to be used to support teachers to develop their own scope and sequence documents and associated assessment matrices that meet the learning needs of their learners.

**NOTE:** This course may have been amended since the development of this sample teacher resource in 2018. Please visit the [TASC website](#) for current version of the course.

*Students are to complete at least 7 of the 11 Areas of Learning available in this course*

*5 must be from Group A and 2 from Group B - for further details please refer to Page 3 of the course document*

Group A	Group A	Group A	Group A	Group A	Group B	Group B
Unit 1	Unit 2	Unit 3	Unit 4	Unit 5	Elective 1	Elective 2
5 weeks	5 weeks	5 weeks	5 weeks	5 weeks	6 weeks	6 weeks

### Term 1

Week	Session 1	Session 2	Session 3
1		Course Overview Online Guided Tour TASC course docs Classmate intros/ icebreakers	Group A Unit 1
2	Group A Unit 1	Group A Unit 1	Group A Unit 1
3	Group A Unit 1	Group A Unit 1	Group A Unit 1
4	Group A Unit 1	Group A Unit 1	Group A Unit 1
5	Group A Unit 1	Group A Unit 1	Group A Unit 1
6	Group A Unit 2	Group A Unit 2	Group A Unit 2
7	Group A Unit 2	Group A Unit 2	Group A Unit 2

Week	Session 1	Session 2	Session 3
8	Group A Unit 2	Group A Unit 2	Group A Unit 2
9	Group A Unit 2	Group A Unit 2	Group A Unit 2
10	Group A Unit 2	Group A Unit 2	Group A Unit 2
Break			
Break			

## Term 2

Week	Unit and Topic	Subtopic	Criteria Addressed
1	Group A Unit 3	Group A Unit 3	Group A Unit 3
2	Group A Unit 3	Group A Unit 3	Group A Unit 3
3	Group A Unit 3	Group A Unit 3	Group A Unit 3
4	Group A Unit 3	Group A Unit 3	Group A Unit 3
5	Group A Unit 3	Group A Unit 3	Group A Unit 3
6	Group A Unit 4	Group A Unit 4	Group A Unit 4
7	Group A Unit 4	Group A Unit 4	Group A Unit 4
8	Group A Unit 4	Group A Unit 4	Group A Unit 4
9	Group A Unit 4	Group A Unit 4	Group A Unit 4
10	Group A Unit 4	Group A Unit 4	Group A Unit 4
Break			
Break			

## Term 3

Week	Session 1	Session 2	Session 3
1	Group A Unit 5	Group A Unit 5	Group A Unit 5
2	Group A Unit 5	Group A Unit 5	Group A Unit 5
3	Group A Unit 5	Group A Unit 5	Group A Unit 5
4	Group A Unit 5	Group A Unit 5	Group A Unit 5
5	Group A Unit 5	Group A Unit 5	Group A Unit 5



Week	Session 1	Session 2	Session 3
6	Group B Elective 1	Group B Elective 1	Group B Elective 1
7	Group B Elective 1	Group B Elective 1	Group B Elective 1
8	Group B Elective 1	Group B Elective 1	Group B Elective 1
9	Group B Elective 1	Group B Elective 1	Group B Elective 1
10	Group B Elective 1	Group B Elective 1	Group B Elective 1
Break			
Break			

#### Term 4

Week	Session 1	Session 2	Session 3
1	Group B Elective 1	Group B Elective 1	Group B Elective 1
2	Group B Elective 2	Group B Elective 2	Group B Elective 2
3	Group B Elective 2	Group B Elective 2	Group B Elective 2
4	Group B Elective 2	Group B Elective 2	Group B Elective 2
5	Group B Elective 2	Group B Elective 2	Group B Elective 2
6	Group B Elective 2	Group B Elective 2	Group B Elective 2
7	Group B Elective 2	Group B Elective 2	Group B Elective 2 End of year review/celebration
8			
9			
10			
Break			
Break			

