

HEALTH AND PHYSICAL EDUCATION

LEARNING AREA OVERVIEW

Learning Area Statement:

At the core of Health and Physical Education is the acquisition of movement skills and concepts to enable students to participate in a range of physical activities confidently, competently, and creatively.

As a foundation for lifelong physical activity participation and enhanced performance, students acquire an understanding of how the body moves and develop positive attitudes towards physical activity participation.

In Health and Physical Education, students build on personal and community strengths and assets to enhance safety and wellbeing. They critique and challenge assumptions and stereotypes. Students learn to navigate a range of health-related sources, services and organisations

Personal health and wellbeing is a critical precondition which underpins all learning.

Health and Physical Education aims to develop the knowledge, understanding and skills to enable students to:

- access, evaluate and synthesise information to take positive action to protect, enhance and advocate for their own and others' health, wellbeing, safety and physical activity participation across their lifespan

- develop and use personal, behavioural, social and cognitive skills and strategies to promote a sense of personal identity and wellbeing and to build and manage respectful relationships
- acquire, apply and evaluate movement skills, concepts and strategies to respond confidently, competently and creatively in a variety of physical activity contexts and settings
- engage in and enjoy regular movement-based learning experiences and understand and appreciate their significance to personal, social, cultural, environmental and health practices and outcomes
- analyse how varied and changing personal and contextual factors shape understanding of, and opportunities for, health and physical activity locally, regionally and globally.

(<https://www.australiancurriculum.edu.au/f-10-curriculum/health-and-physical-education/aims/>)

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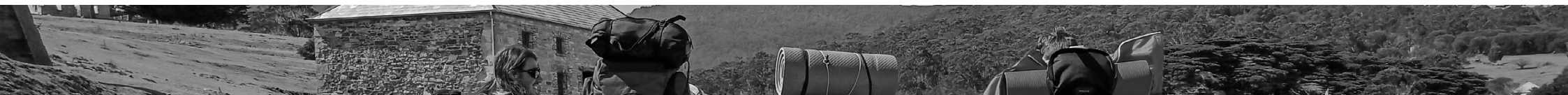


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Tasmania

Planned expiry of current courses*:

EXPIRING END 2021	EXPIRING END 2022	EXPIRING END 2023	EXPIRING END 2024	EXPIRING END 2025	EXPIRING END 2026	EXPIRING END 2027
		Personal Care 1 Outdoor Experiences 1 Athlete Development 2 Outdoor Education 2 Outdoor Leadership 3	Fitness Experiences 1 Sport and Recreation Experiences 1 Community Sport and Recreation 2	Sport Science Foundation 2 Sport Science 3 Personal Health and Wellbeing 2 Health Studies 3	Preliminary Health and Physical Education Stages 1-4	Nil

* Subject to development, accreditation and course renewal processes



Current Complementary Offerings Include:



HAP

- Human Anatomy and Physiology A
- Human Anatomy and Physiology B



UCP

- Sports and Recreation Management



KEY TASMANIAN INDUSTRIES

- Ecotourism
- Health and Aged Care
- Hospitality and Tourism



CERT I, II, III

- Certificate II/III in Tourism Services (Childcare)
- Certificate III in Outdoor Leadership
- Certificate II in Maritime Operations (Statement of Attainment)
- Certificate II in Outdoor Recreation
- Certificate I in Defence Force Cadets
- Certificate III in Health Services Assistance (Statement of Attainment)
- Certificate II in Community Services (Aged Care)
- Certificate II in Community Services (Childcare)
- Certificate II in Tourism
- Certificate II in Community Pharmacy
- Certificate III in Early Childhood Education and Care
- Certificate III in Fitness
- Provide first aid (Unit)
- Swimming and Water Safety Teacher (Skill Set)
- Certificate II in Outdoor Recreation
- Certificate I/II in Sport and Recreation



ASBA

Australian School-based Apprenticeships

An Australian School-based Apprenticeship (ASbA) is a paid, employment-based training arrangement.

Students in Year 10, 11 or 12 are able to combine work, training and education to gain a nationally recognised qualification, usually at Certificate II or III level – across almost every industry sector and training package.

What could an ASbA look like in my learning area?

This learning area complements ASbA pathways. For example, a learner could be employed as a school-based trainee one or two days a week in health care and social assistance industry.

For further information please visit the Department of Education's Website - <https://www.education.tas.gov.au/parents-carers/parent-fact-sheets/australian-school-based-apprenticeship-asba/>

Planned course provision*

PRELIM	LEVEL 1	LEVEL 2	LEVEL 3 (and further pathways)	LEVEL 3/4 (and further pathways)
Preliminary Health and Physical Education (Stages 1 - 4)	Outdoor Education	Outdoor Education	Outdoor Education	
	Community Sport and Recreation	Community Sport and Recreation - Participation	VET Pathway @ Cert 2	
		Community Sport and Recreation - Sporting Environments	UCP Sports and Recreation Management	
	Sport and the Athlete	Athlete Development	Athlete Development	
		Sport Science	Sport Science	
	Health Studies	Health Care	*UCP Pathway	
		Health Studies	Health Studies	

KEY - Focus Areas

- Transdisciplinary Projects
- Professional Studies
- Discipline-based Study
- Work-based Learning
- Personal Futures

* Subject to development, accreditation and course renewal processes.

Current pathways in – pathways out

PATHWAYS IN		PATHWAYS OUT
Australian Curriculum	Australian Curriculum – Packages of Learning	The HPE courses may provide a pathway to certificate or diploma courses offered by TasTAFE and/or through a private provider.
Brief description of AC offerings are shown on the AC website below: https://www.australiancurriculum.edu.au/f-10-curriculum/health-and-physical-education/	The Health component of HPE will be covered in the Health and Community Services Packages of Learning. As the delivery will have an industry focus, schools may find it beneficial for students to also undertake the Health component of HPE as part of the regular school program.	Pathways to Tertiary study The University of Tasmania has a broad range of offerings at both undergraduate and postgraduate level for learners in the HPE area.

Curriculum priorities



ENGAGEMENT

Strengthening engagement for learners with innovative curriculum at point of need and place



PATHWAYS

Strengthening pathways for learners through a tailored and future-focussed curriculum that leads into further education, training and work



WORK AND LIFE

Preparing learners for work and life with contemporary curriculum that leads to productive and fulfilling lives

Planned course provision by year*

2022

PRELIM	LEVEL 1	LEVEL 2	LEVEL 3 (and further pathways)	LEVEL 3/4 (and further pathways)
Preliminary Health and Physical Education (Stages 1 – 4)	Outdoor Experiences (5)	Outdoor Education (15)	Outdoor Leadership (15)	
		Community Sport and Recreation (15)	UCP Sports and Recreation Management	
	Sport and Recreation Experiences (10)	Athlete Development (15)		
	Fitness Experiences (5)	Sports Science Foundation (15)	Sports Science (15)	
	Personal Care (10)	Personal Health and Wellbeing (15)	Health Studies (15)	

2023

PRELIM	LEVEL 1	LEVEL 2	LEVEL 3 (and further pathways)	LEVEL 3/4 (and further pathways)
Preliminary Health and Physical Education (Stages 1 – 4)	Outdoor Experiences (5)	Outdoor Education (15)	Outdoor Leadership (15)	
		Community Sport and Recreation (15)	UCP Sports and Recreation Management	
	Sport and Recreation Experiences (10)	Athlete Development (15)		
	Fitness Experiences (5)	Sports Science Foundation (15)	Sports Science (15)	
	Personal Care (10)	Personal Health and Wellbeing (15)	Health Studies (15)	

2024

PRELIM	LEVEL 1	LEVEL 2	LEVEL 3 (and further pathways)	LEVEL 3/4 (and further pathways)
Preliminary Health and Physical Education (Stages 1 – 4)	Outdoor Education	Outdoor Education	Outdoor Education	
		Community Sport and Recreation (15)	UCP Sports and Recreation Management	
	Sport and Recreation Experiences (10)			
	Sport and the Athlete	Athlete Development	Athlete Development	
	Fitness Experiences (5)	Sports Science Foundation (15)	Sports Science (15)	
	Health Studies	Health Care	*UCP Pathway	
		Personal Health and Wellbeing (15)	Health Studies (15)	

* Subject to development, accreditation and course renewal processes.

Planned course development activity by year*

2022

Early Development	Development and Accreditation	Resource Development and Professional Learning	Implementation		NO LONGER AVAILABLE
TRANCHE 3	TRANCHE 2	TRANCHE 1B	TRANCHE 1A	TYPE	
1 Community Sport and Recreation	1 Sport and the Athlete				
2 Community Sport and Recreation - Participation	1 Health Studies				
2 Community Sport and Recreation - Sporting Environments	1 Outdoor Education				
	2 Athlete Development				
	2 Health Care				
	2 Outdoor Education				
	3 Athlete Development				
	3 Outdoor Education				

2023

Early Development	Development and Accreditation	Resource Development and Professional Learning	Implementation		NO LONGER AVAILABLE
TRANCHE 4	TRANCHE 3	TRANCHE 2	TRANCHE 1B	TYPE	
2 Health Studies	1 Community Sport and Recreation	1 Sport and the Athlete			
2 Sport Science	2 Community Sport and Recreation - Participation	1 Health Studies			
3 Health Studies	2 Community Sport and Recreation - Sporting Environments	1 Outdoor Education			
3 Sport Science		2 Athlete Development			
		2 Health Care			
		2 Outdoor Education			
		3 Athlete Development			
		3 Outdoor Education			

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Planned course development activity by year*

2024

Early Development	Development and Accreditation	Resource Development and Professional Learning	Implementation		NO LONGER AVAILABLE
TRANCHE 5	TRANCHE 4	TRANCHE 3	TRANCHE 2	TYPE	
P Preliminary Health and Physical Education	2 Health Studies	1 Community Sport and Recreation	1 Sport and the Athlete	★	
	2 Sport Science	2 Community Sport and Recreation - Participation	1 Health Studies	■	Personal Care (PER110118)
	3 Health Studies	2 Community Sport and Recreation - Sporting Environments	1 Outdoor Education	■	Outdoor Experiences (EXP105118)
	3 Sport Science		2 Athlete Development	■	Athlete Development (ATH215118)
			2 Health Care	★	
			2 Outdoor Education	■	Outdoor Education (EXP215118)
			3 Athlete Development	★	
			3 Outdoor Education	■	Outdoor Leadership (EXP315118)

KEY - Type

■ Evolution of previously existing TASC-Accredited Course

★ New Contemporary Course

* Subject to development, accreditation and course renewal processes.