



# SPORT SCIENCE

## Guide to New TASC Course

The new *Sport Science* Level 3 course will replace the current course - *Sport Science* Level 3 (SPT315113) in 2018. This course balances a theoretical focus with a range of applied experiences designed to allow students to develop their skills, knowledge and understanding of issues related to the training and performance of athletes of all ages and levels

It may provide a pathway to further vocational and/or tertiary study including : Health & Allied Health Careers; Human Movement; Exercise Science; Education; Health Science; Physiotherapy; Personal Training; Coaching and other Sport Related Careers, as well as providing background to support studying other level 3 subjects in the HPE area.

### WHAT IS SIMILAR?

Teachers will continue to:

- have flexibility to make decisions about the sequence of learning and any adjustments required based on the needs, interests and abilities of their students.

Learners will continue to:

- study 3 disciplines (Exercise Physiology, Skill Acquisition and Sport Psychology) including cross disciplinary links
- complete 2 scientific investigations
- experience current theory and applications.

### WHAT IS DIFFERENT?

- Amended terminology (e.g. to become Units and Modules) for consistency across courses
- Update of learning outcomes, criteria and standards to meet current requirements and provide greater clarity

- Course retains same size and similar overall content but now 5 modules (division of Exercise Physiology into 2 modules) to better reflect volume and complexity of content
- Moves from 7 to 8 criteria, from 5-6 externally assessed, subsequent adjustments to algorithm for parity
- Minor amendments to content - updates for currency and balance in course structure, alignment of terminology to Australian Curriculum - 9/10 Health and Physical Education v8.2.
- Work requirements are clearly defined - inclusion of minimum work requirements and example products.

### HOW DOES THE COURSE CATER FOR ALL STUDENTS?

- This course complements other Level 3 courses
- This course is inclusive of diverse learning needs
- There is some flexibility to use alternatives for demonstrating evidence and applied skills

### WHAT SUPPORT IS PROVIDED?

- A teaching and learning supplement to support teachers
- *Sport Science Foundation* resources and support materials available on the VLE
- Professional Learning to support course implementation
- Advice on programming (example scope and sequence documentation)