



PERSONAL CARE

Guide to New TASC Course

The new *Personal Care* Level 1 course will replace the current course – *Personal Care* Level 1 (PER110113) in 2018.

This course has been developed to enable learners to build their capacity to independently and positively embrace changes during various life stages.

Learners reflect on and clarify their own values and attitudes and be able to make informed decisions about their personal health and wellbeing behaviours.

It may provide a pathway to prepare for a wide range of personal, vocational and further education and training options.

Personal Care provides a pathway to other 11/12 HPE courses such as:

- *Personal Health and Wellbeing*, Level 2, *Outdoor Experiences*, Level 1 and *Physical Recreation*, Level 2.

WHAT IS SIMILAR?

Teachers will continue to:

- have flexibility to make decisions about the sequence of learning and any adjustments required based on the needs, interests and abilities of their students.

Learners will continue to:

- study 5 key areas of learning
- participate in a variety of healthy physical activities
- experience current theory concepts, content, opportunities and approaches.

WHAT IS DIFFERENT?

- Amended terminology (e.g. to become Units and Modules) for consistency across courses
- Update of learning outcomes, criteria and standards to meet current requirements and provide greater clarity
- Course size, approach and content
- Minor amendments to content - updates for currency and balance in course structure, alignment of terminology to Australian Curriculum - 9/10 Health and Physical Education v8.2.
- Work requirements are clearly defined - inclusion of minimum work requirements and example products.

HOW DOES THE COURSE CATER FOR ALL STUDENTS?

- This course complements other Level 1 courses
- This course is inclusive of diverse learning needs
- There is provision for flexible alternatives for demonstrating evidence and applied skills.

WHAT SUPPORT IS PROVIDED?

- A teaching and learning supplement to support teachers
- The current course, included resources and support materials are available on the VLE
- Professional Learning to support course implementation
- Advice on programming (example scope and sequence documentation).