

Learning at Home

Support



SPRAY BOTTLE PAINTING

Ages
0-4

Learning activity



What you will need:

- spray bottles (recycled is fine)
- paper
- water
- food colouring.



What to do:

1. Fill the spray bottles with water and add food colouring one drop at a time. Test the colour by spraying on some paper. Add more colour as needed.
2. This is a great outside activity. Place paper on a table or peg to an easel or fence.
3. Encourage your child to spray the paper using the different spray bottles.
4. Talk with your child about the different colours they are creating.

This is a messy activity and food colouring can stain clothes, furniture and walls. The dye will come off the hands after a few washes or a soak in the bath.



What learning is happening:

Through having fun with spray bottles children are learning about colour and that they can create new and different colours. Using the spray bottle provides opportunity for children to develop and strengthen the muscles in their fingers and hands.



Links to more information:

- [Learning at home](#)¹ on the Department of Education website

¹ www.education.tas.gov.au/parents-carers/learning-at-home/