Our approach to wellbeing



DEPARTMENT OF EDUCATION WELLBEING OBJECTIVES







Being loved and safe

Learners have positive relationships and connections with others, feel safe in their learning environments, and are resilient to withstand life's challenges.

Having material basics

Learners have materials to access and fully participate in education, and the resources to function well and actively engage.

Being healthy

Learners have their physical, developmental, psychosocial and mental health needs met. with resources provided to support their growth.

Learning

Learners are supported to be curious, creative and empowered life-long learners.

Participating

Learners are able to have a voice with their views taken into account and are involved in decision-making that affects them and their learning.

Having a positive sense of culture and identity

Learners have a positive sense of identity and belonging, and are optimistic about their future and success in learning.

THE NEST WELLBEING DOMAINS

TASMANIAN DESCRIPTORS FOR CHILD AND YOUTH WELLBEING



Being loved and safe



Have a safe, stable and supportive home environment



Feel safe, secure and protected at home and in the community



Feel valued and respected



Have positive, trusted relationships with other people



Have a voice and the ability to raise concerns and have these concerns addressed



Having material basics

Have access to adequate, stable housing



Have access to nutritious food and clean water



Have access to education and training materials



Have access to adequate clothing and footwear

Have access to materials to support participation in activities



Have access to adequate heating and cooling



Being healthy

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Are mentally and physically healthy



Are emotionally well, happy and supported Are as physically active as they can be



Have access to appropriate health and care services



Are immunised



Learning

Are attending and engaging in education, training or employment



Are participating in early childhood education Are developing literacy and numeracy skills appropriate to age





Are supported to learn by their caregiver and education providers



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Are engaging with peers and community groups

Receive assistance for additional needs



Are taking part in organised activities, including sport



Participating

Are an active participant in their own life; including being able to have a say and have their opinion heard and valued



Have access to and use technology and social media



Having a positive sense of culture and identity



Can find out about family and personal history and are supported to connect positively with their culture



Feel like they belong



Have a positive sense of self-identity and self-esteem



Are in touch with cultural or spiritual practices and have these practices valued and respected