



# Health Studies Level I

## Scoping Paper

### Years 9 to 12 Learning 2020 Course Development

#### **The purpose of this scoping paper**

The purpose of this paper is to provide information regarding the scope of the proposed *Health Studies* Level I course including the:

- *Rationale*
- *Relationship to:*
  - *Senior Secondary Australian Curriculum (where applicable)*
  - *Years 9 to 12 Curriculum Framework*
  - *General Capabilities*
- Existing pathways and possible Future Provision
- Course Design

It is designed to enable all interested stakeholders to reflect and provide initial feedback on the rationale and relationships as italicised above. The additional information is included for noting.

Additionally in consideration of the information provided in this scoping paper we are seeking your suggestions for the core concepts, big ideas, essential learnings or important considerations you would like to see included in this proposed course.

## Consultation

Throughout the course development process there will be four opportunities for formal stakeholder consultation:

- Course Scope
- Structural Overview and Key features (November/December 2020)
- Initial Draft Course (March 2021)
- Final Draft Course (June 2021)

This Scoping paper represents the first of four course consultation points for teachers to engage in the course development process for *Health Studies* Level 1.

## Course Rationale

The Health group of courses provide opportunities for learners to consider their impact on others, review their personal values and decisions, and their role and capacity to contribute to the wider community.

*Health Studies* Level 1 provides an opportunity for learners to connect and explore a broad range of health concepts with an approach centering on building personal knowledge, skills and understanding through application and individual reflection around their own context whilst considering wider impacts on community health. It supports learners in developing responsibility and capacity for managing their personal health, for considering and supporting positive health management in others and it also provides a platform for those who may be interested in progressing to further study of Health group courses at Levels 2 and 3.

*Health Studies* Level 1 aims to develop awareness and skills in relation to:

- recognising and dealing with issues, communication and choices related to personal health and wellbeing
- developing resilience through building risk awareness, coping strategies and protective behaviours
- managing lifestyle choices impacting personal health and wellbeing, safety, hygiene and diet
- awareness and access to information, support agencies, and community health support.
- monitoring and managing mental health, social connection, active lifestyles, and relationships

This level 1 course will address fundamental knowledge and some specialist or technical knowledge. It will primarily focus on exploring personal impacts and context before considering local, state, national and global perspectives.

## Years 9 to 12 Curriculum Framework

[Years 9 to 12 Education Framework](#) informs the design of the *Health Studies* Level 1 course and it fits within the Personal Futures focus area of the [Years 9 to 12 Curriculum Framework](#).

## Pathways

*Health Studies* Level 1 enables learning continuity from: *Years 9-10 Australian Curriculum Health and Physical Education* and to companion courses the proposed *Health Care* Levels 2-3 and *Health Studies* Level 3.

## Relationship to the Senior Secondary Australian Curriculum

There are no content statements developed by ACARA that are relevant to this course.

### Australian Curriculum General Capabilities

*Health Studies* Level 1 is designed to enable teachers to design courses of study which draw on the cross-curriculum priorities and develop the General Capabilities: Literacy, Numeracy, ICT, Critical and creative thinking, Ethical understanding, Personal and social capability and Intercultural understanding.

### Relationship to Replacement courses

*Health Studies* Level 1 is a replacement for *Personal Care* Level 1.

### Senior Secondary Accreditation Framework






This course will be developed to address the Principles and Standards of the [Senior Secondary Accreditation Framework](#).

### Course Design

This proposal is in line with the draft Integrated Policy Model. From the Articulation, extension and enrichment: this is a Level 1 course. This course is 150 hours and will be divided into three equally weighted modules of 50 hours each.

### Relationship to possible Future Provision

Learning Area Roadmaps are available on the Years 11 & 12 website: <https://11and12.education.tas.gov.au/learning-area-road-maps/>

FOCUS AREA	P	1	2	3	4
 Discipline-based		Sport Studies	Sport Science Sport Studies		Sport Science
 Transdisciplinary					
 Professional Studies		Outdoor Education	Health Care Health and Nutrition Outdoor Education		
 Work-based		Athlete Development	Recreation Studies Athlete Development		
 Personal Futures	Health and Physical Education	Health Studies Personal Development Community Sport and Recreation	Health Studies Personal Development Community Sport and Recreation		