Standard 1.

I have concerns.

Being Loved, Safe and Valued:

❖ I feel safe, supported and settled where I live

❖ I feel cared for and loved at home

❖ I have trusting relationships with the people who care for me

❖ I feel valued and respected, am listened to, and know who to talk to if



Having Material Basics (The things I need)

Standard 3. **Being Healthy**



Children and young people have their material needs met and Children and young people live in safe, stable, caring and loving experience a standard of living that supports them to reach their homes. mentally, emotionally and socially well. full potential.

- ❖ I have the clothes and shoes I need
- ❖ I get enough good, healthy food

Standard 2.

- ❖ I can get to the places I need to go
- ❖ I can keep warm and cool enough in winter and summer
- ❖ I have the things I need to study
- ❖ I have access to the outdoors and green space.

Children and young people have access to appropriate health and mental health services and are supported to be physically,

- ❖ I have a health check when I first go into care and am able to see a doctor, dentist, counsellor, or other health care worker when I need to
- ❖ I feel physically and emotionally well, happy and supported
- ❖ I have time to exercise, play outdoors and am encouraged to be as physically active as I can be.

The Tasmanian Out of Home Care Standards

What do they mean for children and young people in care?

Standard 4. Learning



Children and young people are supported to participate and engage in education, training or employment, and learn effectively according to their abilities.

Children and young people are supported to develop independent living skills

- Learning is a good experience for me
- ❖ I regularly go to, and am engaged in school and/or training and/or work
- ❖ I get the help I need to learn and feel supported to learn in a way that works for me
- ❖ I have a quiet place to study and access to the resources I need to learn
- ❖ I am learning skills so I can live independently when the time is right.

Standard 5. **Participating**



Children and young people are supported to develop independent living skills.

- Learning is a good experience for me
- ❖ I regularly go to, and am engaged in school and/or training and/or work
- ❖ I get the help I need to learn and feel supported to learn in a way that works for me
- ❖ I have a quiet place to study and access to the resources I need to learn
- I am learning skills so I can live independently when the time is right.

Standard 6.



Children and young people are supported to develop independent living skills.

- ❖ I know about my family and personal history and can connect with them as much as I want
- ❖ I am connected with my culture and/or spiritual practice and feel my beliefs and values are respected
- ❖ I feel like I belong
- ❖ I have a positive sense of self-identity and self-esteem.

