

Supporting 5-12 year olds online

Younger children learn to navigate the online world by watching, experimenting and playing online. These tips can help you support them as they develop their skills.

Set clear boundaries

The time your family spends online will depend on your routine. Every family is different, so find what works best for you.

Use devices in shared spaces

When your child is independently online, stay involved by encouraging them to use their device in a shared space, like the kitchen or living room.

Set up profiles

Create separate profiles on shared devices. Use these profiles to customise privacy settings and monitor access to age-appropriate content.

Share online experiences

Talk with your child about what they are doing online and share how you use digital tools in your daily life.



Model consent

Show your child the importance of consent by asking for their permission before sharing photos on your social media.

Think about social media readiness

Most social media platforms require children to be over 13 years old to create an account. When your child is ready, have open conversations about privacy, respectful online behaviours and social media use.