

Ideas for Parents, Carers, Friends and Family

TASMANIAN GOVERNMENT INITIATIVE



How to support children in the early years get a great start

Loving and secure relationships



Give your child lots of kisses and cuddles

Healthy food and environments

Keep children safe

Opportunities for play and discovery

Jump, run, sing, walk, talk, dance and read together

Positive and inclusive communities



Get out and about and explore your community together

A sense of belonging

Spend time with others

Access to services and support

Connect with local early years services

For more ideas visit www.b4.education.tas.gov.au