Bayview Secondary Healthy Initiative Update

This year Bayview Secondary College in partnership with the Stephanie Alexander Kitchen Garden Foundation has launched a Healthy Living and Eating Initiative. This program has been enriched by funding won through the State Student Health Initiative and the support of local partners such as Clarence Plains Child and Family Centre, Mission Australia, Harmony Garden Centre, Lauderdale Football Club, Clarence City Council and the Canteen Association.

One of the aims of our Initiative is to create and maintain a kitchen garden classroom space that involves our larger community and incorporates multiple learning areas through our kitchen garden program. In addition we are working on our Canteen space with the improvement of healthy food options for students through pursuing higher accreditation with the Tasmanian School Canteen Association (TSCA). The initiative will also provide alignment between local issues surrounding health with State and Federal agendas and targets.

So far this year we have introduced the kitchen garden program to yr 7's. They have been busy making recipes and sharing meals utilising our garden produce. They have also been participating in workshops and listening to guest speakers advice and knowledge to help us design our space. We are very grateful to everyone who has helped us in these beginning stages and we welcome everyone in our community to volunteer or participate. Please let us know if you would like to volunteer in our program and contribute to our garden space by working with our gr 7's kitchen garden crew.
In our Kitchen Garden Program Gr 7’s have been working on redesigning our garden space in MDT classes and are in the process of creating 3D models. We are looking forward to remodelling our courtyard with new garden beds and a more functional classroom space! Brock Menzies and his dad Wayne have been a great help in this process and we would like to thank them for all their hard work.

At the beginning of term 3 we had 4 wicking beds delivered and set about filling them with gravel and soil in preparation for Spring.
Other developments have included having our canteen floor repaired and buying new preparation benches for the space.