Our Story So Far…

Love in a Lunchbox

An initiative of the Clarendon Vale Primary School and the Clarence Plains Child & Family Centre.

Child & Family Centre
Clarence Plains

Child & Family Centres
Department of Education

Tasmanian Government
A whole school/community project highlighting the following key ideas.

- Healthy eating is necessary for good health, wellbeing, and learning.
- Healthy snacks are tasty.
- Healthy options are less expensive than packaged convenience foods.
- Healthy snacks can be easily prepared.
- Some products marketed as ‘healthy’ are not necessarily so.

The project aimed to ‘bring to life’ a body of information from a variety of resources by creating visual, tangible displays, with simple presentations of information. An opportunity to sample healthy snacks in a café setting is a highlight of the project.
**FOSTERING **PARTNERSHIPS:**

Partnerships are the key to the success of this project.

- Partnership of the Clarendon Vale Primary School (CVPS) and the Clarence Plains Child and Family Centre (CPCFC).
- Respectful partnerships between the CVPS, CFC and the families of our school and community.
- Partnerships with other organisations – Tas. Canteen Association, Family Food Patch, Oral Health Services Tasmania, Move Well Eat Well.
- Partnerships with Bayview Secondary College and Rosny College.
- Partnerships with local sponsors.

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**2018**

YEAR THREE

Kitchen HQ Introduced. Parents invited to learn to cook simple lunchbox foods (24 adults participated).

Event spanned across three days with an open expo on day three. Rokeby Primary School attended.

Significant partnerships formed with 24 organisations and sponsors. Rosny College prepared a Lil video.

Positive parental involvement (179 adults).

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**2019**

YEAR FOUR

Facebook page established.

Whole of school year approach to community engagement with numerous events planned across the four terms...

Love in a Lunchbox receives requests to appear in other schools and at the PLI.

Tagari La Child and Family Centre launches a 'taster' of Love in a Lunchbox. Four Lil groups, 1 Kinder group and a parent group from Brighton/Bridgewater attend the 'expo' style event.
Scan the QR codes to learn more about the program:

Love in a Lunchbox is an initiative of the:

Clarence Plains Child and Family Centre

and the

Clarendon Vale Primary School

For more information contact: (03) 62 46 6444